

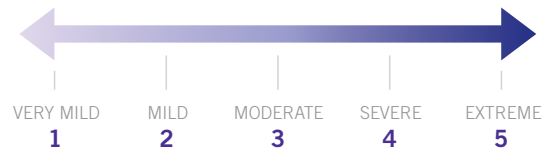
Symptom Tracker

Symptoms associated with PNH can change over time, and are different from person to person. You may experience one or more of these symptoms quite frequently or just occasionally.

How the grids work

1. Each time a symptom occurs, record the date, time, and severity in the first available box.
2. Use this scale to describe the severity of your symptoms from 1 to 5: Very Mild, Mild, Moderate, Severe, Extreme (Extreme being the worst).

Whether or not you are on Soliris® therapy, make sure you bring this tool each time you visit a member of your healthcare team.



PNH Symptom Tracker									
PNH Symptoms	Each time a symptom occurs, record the date, time, and severity (scale 1 to 5) in the first available box below.								
Fatigue	2/5/08 11:30AM 2								
Stomach pain									
Trouble swallowing									
Shortness of breath	2/5/08 10AM 1								
More severe symptoms during colds or infections									
Chest pain									
Dark-colored urine									
Erectile dysfunction									
Headache	2/5/08 4:30PM 4								
Other									

You may experience one or more of these symptoms quite frequently or just occasionally. However, you may not immediately feel other potential complications, such as blood clots and vital organ damage.

